



Penn Undergraduate Health Coalition  
Constituent Member Manual



Active Minds [activemindspenn@gmail.com](mailto:activemindspenn@gmail.com)

Our mission is to coordinate efforts with undergraduate organizations and societies to increase mental health awareness and alleviate the stigma associated with mental illnesses in the University campus. We work closely with campus health organizations such as Counseling and Psychological Services (CAPS) to create a safer University campus.



MEDLIFE [medlifeupenn@gmail.com](mailto:medlifeupenn@gmail.com)

MEDLIFE's mission is to help families achieve greater freedom from the constraints of poverty, empowering them to live healthier lives. We aim to achieve this goal through partnering with motivated individuals in poor communities working to improve their access to MEDs: Medicine, Education and community Development.



AIR (Alpha Iota Gamma) [air.upenn@gmail.com](mailto:air.upenn@gmail.com)

Alpha Iota Gamma is the first and only professional healthcare fraternity at the University of Pennsylvania. Founded in the spring of 2009, AIR has since expanded to include students of all healthcare interests, including pre-medical, nursing, pre-dental, pre-veterinary, and public health/healthcare management.



MedX [medx.penn@gmail.com](mailto:medx.penn@gmail.com)

The MedX Program seeks to reimagine the undergraduate prehealth experience. We act as a powerful extension of traditional medical science routes, involving students in multidisciplinary applications of academic work and accumulated experiential knowledge.



CAPS Student Advisory Board [capsab.upenn@gmail.com](mailto:capsab.upenn@gmail.com)

CAPS Student Advisory Board (CAPSAB) is a student group that works closely with CAPS staff to advise CAPS on its policies and procedures, student liaison work, and mental health advocacy campaigns on Penn's campus to improve relations between the student body and its counseling and psychological services.



MERT: Medical Emergency Response Team [chief.upennmert@gmail.com](mailto:chief.upennmert@gmail.com)

The University of Pennsylvania Medical Emergency Response Team (MERT) is an entirely student run organization providing emergency medical services to the University community. The primary purpose of the organization is to complement the emergency medical care provided by the University of Pennsylvania Police Department (UPPD) and the Philadelphia Fire Department (PFD) by providing professional, timely, and high quality pre-hospital treatment.



Consciousness Club [consciousnessclub.penn@gmail.com](mailto:consciousnessclub.penn@gmail.com)

The Consciousness Club @ Penn strives to create a joyful, stress-free campus community, build personal resilience on campus and nurture belongingness among all. Using the tools of yoga, breathwork, meditation, group sharing and service, it provides a platform for Penn students to connect with themselves and with the surrounding community in order to grow as people, leaders and agents of change in the world.



Penn American Red Cross [pennredcross2016@gmail.com](mailto:pennredcross2016@gmail.com)

The Penn American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors. Our organization, through its strong network of volunteers, donors and partners, is always there in times of need. We aspire to turn compassion into action so that all people affected by disaster across the country and around the world receive care, shelter and hope.



College Diabetes Network [upenn@collegediabetesnetwork.org](mailto:upenn@collegediabetesnetwork.org)

The chapter currently includes Penn undergraduates, graduates, faculty, and members of both the Hospital of the University of Pennsylvania and the Children's Hospital of Philadelphia. The Hospital of the University of Pennsylvania's Institute for Diabetes, Obesity, and Metabolism (IDOM) helps sponsor the chapter and has provided incredible resources that help facilitate the success of this club.



Penn Bioethics Journal [EIC@bioethicsjournal.com](mailto:EIC@bioethicsjournal.com)

The Penn Bioethics Journal is the nation's premier peer-reviewed undergraduate bioethics journal. The journal was established in Spring, 2004 with the first issue published April 1, 2005 as part of the National Undergraduate Bioethics Conference hosted by Penn.



Global Medical & Dental Brigade [pennmb@gmail.com](mailto:pennmb@gmail.com)

Penn Global Medical & Dental Brigades (GMDB) offers students the opportunity of traveling to third-world countries (Nicaragua, Panama, Honduras & Ghana), where they are exposed to medical problems endemic to the areas that are uncommon in the U.S. Our mission is to help alleviate the problems of poverty.



Penn Bioethics Society [training.RAPLine@gmail.com](mailto:training.RAPLine@gmail.com)

The Penn Bioethics Society was formed to advise the Department of Medical Ethics and Health Policy of the School of Medicine on the development of the new bioethics minor. More broadly, we work with administrators and educators within the department to ensure undergraduates can access a rich education in bioethics, whether they take one class or several.



GlobeMed @ Penn [upenn@globemed.org](mailto:upenn@globemed.org)

GlobeMed aims to strengthen the movement for global health equity by empowering students and communities to work together to improve the health of people living in poverty around the world. Specifically, GlobeMed@Penn is partnered with the Lwala Community Alliance (LCA) based in Lwala, Kenya and all donations will be directed towards LCA.



Penn Cares for Kids [penncaresforkids@gmail.com](mailto:penncaresforkids@gmail.com)

The goal of Penn Cares for Kids is to bridge the gap between Penn students who are looking for rewarding volunteering experiences and the need for volunteers at HMS School for Children with Cerebral Palsy and other locations that are dedicated to serving children suffering from disabilities.



[Penn Childhood Cancer Coalition](mailto:pennccc@gmail.com) pennccc@gmail.com  
 Penn Childhood Cancer Coalition was founded in January 2014, and its mission is to raise awareness of pediatric cancer, serve the needs of children undergoing treatment in Philadelphia, and advocate for national legislation to improve the lives of children with cancer.



[Penn DAPA](mailto:tcaputi@wharton.upenn.edu) tcaputi@wharton.upenn.edu  
 Penn DAPA is Penn's student peer education group around issues relating to alcohol and other drugs. DAPA members are student leaders, athletes, members of greek chapters and more who come together to talk with their peers about high risk behaviors that impact them as students and as people.



[Penn FIMRC](mailto:pennfimrc@gmail.com) pennfimrc@gmail.com  
 The Foundation for International Medical Relief of Children (FIMRC) is a 501(c)(3) organization that aims to bring modern pediatric and maternal medicine to underserved communities. Founded by a Penn alumnus and based out of Philadelphia, FIMRC has chapters at universities across the globe and international clinics in India, Uganda, Nicaragua, Peru, El Salvador, the Dominican Republic and Costa Rica.



[Penn for UNICEF](mailto:pennforunicef@gmail.com) pennforunicef@gmail.com  
 The mission of this organization is to support the global efforts of UNICEF and the US Fund for UNICEF to protect children and women. The University of Pennsylvania for UNICEF shall focus its own efforts on educating the university community on the issues affecting child survival, advocating for children's rights, and raising funds for UNICEF.



[Penn Health Initiative](mailto:pennhealthinitiative@gmail.com) pennhealthinitiative@gmail.com  
 Our mission is to promote health education and advocate healthy lifestyles for students in West Philadelphia public schools. Budget cuts in education have led to the elimination of comprehensive health education programs in many schools, and the city's youth are largely unprepared to make informed health-related decisions.



[Penn Timmy Global Health](mailto:pennthgh@gmail.com) pennthgh@gmail.com  
 Timmy Global Health's mission includes expanding access to healthcare in Guatemala, Ecuador, and the Dominican Republic by empowering students to engage in global development. Penn Timmy's mission is three-fold: increase awareness on campus of global health disparities, serve the local Philadelphia community, and fundraise for our partner organization, the Stadler-Richter Hospital, in Tena, Ecuador.



[Penn Vegan Society](mailto:pennveg@gmail.com) pennveg@gmail.com  
 The Penn Vegan Society is an academic society researching and promoting discourse around plant based diets and bioethics at the University of Pennsylvania. Our three key areas of inquiry and expertise are human health, environmental stewardship, and bioethics. We host high profile speakers and conferences, maintain a web resource and blog for those looking to learn more about scholarly veganism, and work closely with Penn Dining and area restaurants.



[Penn Women's Biomedical Society](http://pennbiomed.wix.com/pwbs) http://pennbiomed.wix.com/pwbs  
 PWBS is an organization that strives to bring together undergraduate women to promote academic achievement in the biomedical sciences. PWBS provides undergraduates with information and opportunities pertaining to careers in medicine, dentistry, basic science research, nursing, healthcare management and consulting, and other fields related to the biomedical sciences and healthcare.



[Penn Initiative for Minority Mental Health](mailto:pimmhatpenn@gmail.com) pimmhatpenn@gmail.com  
 The purpose of the Penn Initiative for Minority Mental Health (PIMMH) is to integrate Penn's minority and underrepresented populations into the conversation of campus mental health without tokenizing their interests.



[Reach-A-Peer Helpline](mailto:training.RAPLine@gmail.com) training.RAPLine@gmail.com  
 The Reach-A-Peer Helpline/Online is a peer help line established in 1996 to provide peer support, information, and referrals to any and all students of the University of Pennsylvania. The service is open to all students who wish to share a problem, are in need of information, or just want to talk to someone about anything on their mind.



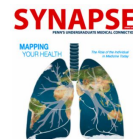
[Service Link](mailto:service-linkatpenn@gmail.com) service-linkatpenn@gmail.com  
 Service Link is a student volunteer organization that trains and sends volunteers to primary care and community sites in Philadelphia. Our mission is to improve the health of low-income Philadelphians by linking them with public benefits and community resources that address their non-medical determinants of health..



[Student Hospice Organization of Penn \(SHOOP\)](mailto:shoop.upenn@gmail.com) shoop.upenn@gmail.com  
 The Student Hospice Organization of Penn (SHOOP) helps Penn students become hospice volunteers. SHOOP helps students by coordinating volunteer training and helps with community outreach bringing the message of hospice services available for all under their Medicare benefit.



[SNAP: Student Nurses at Penn](mailto:snapboard@nursing.upenn.edu) snapboard@nursing.upenn.edu  
 SNAP is a chapter of the National Student Nurses Association and is the primary pre-professional nursing organization on Penn's campus. Our members have taken advantage of leadership opportunities at the state and national level, and have also presented resolutions at NSNA conventions.



[Synapse](mailto:edit.synapse@gmail.com) edit.synapse@gmail.com  
 As the official Undergraduate Premedical Publication of the University of Pennsylvania, Synapse strives to involve students in writing and publishing healthcare related articles, to generate an interest in Medicine both as an academic discipline and as a vocation, and to better inform the community about important healthcare issues.



[Urban Nutrition Initiative](mailto:aunistudentengagement@gmail.com) aunistudentengagement@gmail.com  
 The Agatston Urban Nutrition Initiative (UNI) is a program of University of Pennsylvania's Netter Center for Community Partnerships created to sustain healthy communities by promoting food education and sovereignty, good nutrition and physical fitness in West Philadelphia. UNI's activities are fully integrated into the University Assisted Community School model.



[Wharton Undergraduate Healthcare Club](mailto:wuhc.memberengagement@gmail.com) wuhc.memberengagement@gmail.com  
 The Wharton Undergraduate Healthcare Club (WUHC) aims to educate our members on current issues in the health care industry and provide insight into career opportunities. On the most basic level, we are a platform for students with similar interests to connect with one another.

To learn more about each club and for additional contact information, please visit PUHCWeb.com